

U-B-U

Presented by:

Bonita H. Erb, PhD, LPC, LMFT
and
Libby Cutshall, MA, LPC

This unique approach is designed just for teens who have ADHD. Our dynamic teaching approach gives teens strategies to manage their ADHD!

When: Saturday,
April 1, 2017

Time: 3:30 – 5:00pm

Cost: \$15.00 individual

Where: 6330 Newtown Rd
Rm.109, Norfolk
Va. 23502

Register by:

Voicemail: Bonnie Erb
(757) 201-6113 or

Email:

berb@edencounseling.com or

At the door!





Managing ADHD: Strategies for Parents of

Kids

Presented by: Ramona Pittman, M.S.ED. and
Bonita H. Erb, PhD, LPC, LMFT, NCC
Sponsored by: Eden Counseling

When: Saturday, April 1, 2017

Time: 9:30 – 12:30 p.m.

Cost: \$15.00/individual, \$20.00/couple

Where: 6330 Newtown Rd, Rm 109
Norfolk Va. 23502

Register by:

Voicemail: Bonnie Erb (757) 201-6113 or

Email: berb@edencounseling.com or

At the door!

****PROFESSIONALS****

ACSI credit available

Certificate of Completion Certificates available

ADHD: Middle Schoolers Meet

This unique approach is designed for BOTH parents of ADHD Middle Schooler and Middle School age kids.

Breakaway sessions that separate parents from their middle schoolers (Ages 11-13) creating a dynamic teaching approach giving parents and middle schoolers strategies to manage ADHD!



Presented by: Bonita H. Erb, PhD, LPC, LMFT, NCC
and Libby Cutshall, MA, LPC
Sponsored by: Eden Counseling

When: Saturday, April 1, 2017

Time: 1:30 – 3:00 p.m.

Cost: \$15.00/individual, \$20.00 multiple

Where: 6330 Newtown Rd, Rm 109

Norfolk Va. 23502

Register by:

Voicemail: Bonnie Erb (757) 201-6113 or

Email: berb@edencounseling.com or

At the door!